

Leader Notes

STILL ALICE

STEP ONE: *"And the icebreaker is"*

- » Have someone open and read one of the **icebreaker** envelopes.
- » Go around the circle to **answer**.

Leader note: It does not matter which envelope is opened on any given week. Have fun with it ... kind of like opening the envelope at the Oscars to announce the winner.

STEP TWO: *SOAP Bible Study*

- » Pass out the **SOAP** Bible Study sheets and pens to everyone.
- » Go around the circle and have people **read** one verse out loud.
- » Take a few minutes to silently write down any thoughts from the **passage**.
- » **Discuss** observations from the passage.

Leader note: Have a few observations of your own that you can use. For example, after allowing others to answer, you might say, "One thing that jumped out to me was that the minds of unbelievers have been blinded by Satan. So, what other things caught your attention?"

STEP THREE: *Movie Time*

- » Play the **video**.

Leader note: Test the technology ahead of time to make sure everything works.



STEP FOUR: *Discussion Questions*

Leader note: Success is getting people to engage with the questions. It's okay if you don't get to all of the questions.

1. What thoughts or insights do you have from the weekend message or the video teaching?
2. Research shows that people who do not deal with their distress in a healthy way will develop further physical and psychological symptoms. So, how does a person go about dealing with loss or emotional pain in a healthy way?
3. It has been said that people go through stages of grief, which are denial, anger, bargaining, depression and acceptance. How does this relate to your experiences with loss and grief?
4. In the passage we read, Paul uses the phrase, "Therefore, we do not lose heart," in verse 1 and verse 16. What reasons are given for not losing heart?
5. What are some practical ways to come alongside and help someone who is hurting?
6. How are you at asking for and receiving help from others? Why?
7. How do you go about maintaining an eternal perspective while going through the difficult times of life?
8. How can the group pray for you this week?

